Far West Region 2016
Southern Area Work Day
Saturday, October 29, 2016

Empowering Teens and Encouraging Mothers

Hosted by
Tucson Chapter

Keynote Luncheon Speaker
Dr. Franki Appleby, Ph.D.

Fabulous Far West Regional Team

Dynamic and Informative Jack and Jill Workshops to make your Chapter a Success
- Roles and Responsibility
- Chapter Conflict
- Succession Planning
- Financial Officer Training

Workshops to help you become a more informed member
- Jack and Jill 101
- Membership
- Programming
- Foundation
- Bylaws
- Policy and Procedures
- Protocol

Workshops to Encourage Mothers:

Health and Wellness

Dr. Nicola Finley, MD
Health & Wellness Instructor
Canyon Ranch

Social Media

Cesanee Johnson
Far West Region
Technology Chair

Positive Parenting Techniques

Dr. Lisa Crooms, Ph.D.
Vice Dean Eller College of Management
The University of Arizona

Westward Look
245 E Ina Rd, Tucson, AZ 85704

Authors Pavilion and Vendors

Oratorical Contest
Theme: "Unify Us, Don't Divide Us"

Workshops to Empower Teens:

College Preparation Panel Discussion
Teens will meet with representatives from **The University of Arizona** to learn what it takes to get into college.

Career Panel Discussion
Teens will meet with local professionals offering advice and strategies to reach their career goals.

Young Ladies – Girl Power: Strengthening our Sisterhood

Dr. Franki Appleby, Ph.D.
Chief Clinical Officer
Mingus Mountain Academy

Young Men – Facing the Stigma of Black Male Stereotypes

J.D. Hill, Founder
Catch The Vision, Inc.

Teen / Tween Dance
7:00 PM – 10:00 PM
Santa Catalina Ballroom

Cost - $15.00

Teen Community Service Project
Teens will pack "Empowerment" Bags for needy children and teens in Pima County Foster Care for the I AM YOU 360 organization. **Moms,** we need full size toiletry items such as toothbrushes, toothpaste, shampoo, conditioner, lotion, etc. Please bring full size toiletry items to Area Work Day. **We will also accept GIFT CARD and CASH donations. We are grateful for your donations.**